

Early Years Swimming Lessons

Promoting water confidence and developing swimming skills

THE BENEFITS OF SWIMMING

- Swimming – a skill for life for everyone.
- A progressive and motivational Learn to Swim Programme that creates good competent swimmers.
- ASA National Swimming Plan, recognised by Ofsted, a model of good practice. A Borough wide scheme incorporating skill achievements and continual assessments from adult and child to pre-competitive swimmers.
- Links to Swim Bournemouth fast tracking children keen to swim competitively.
- Delivered by fully qualified teachers, who continue to update their training and knowledge.

Learn to swim with us
and you'll have a gift for life!



Monday 4 January–21 March (11 Weeks) No lessons 15 February (Half Term)

Pre-School 1	9.30 - 10.00am	Angela Medley	Pre-School 3 (TP)	11.00 - 11.30am	Angela Medley	Pre-School 3	1.30 - 2.00pm	Liz Goodall
Pre-School 1	9.30 - 10.00am	Maggie Greco	Adult & Baby 3-9 mths (SP)	11.00 - 11.30am	Gaynor Brown	Pre-School 1	1.30 - 2.00pm	Jo Sands
Pre-School 2	9.30 - 10.00am	Gaynor Brown	Pre-School 2	11.00 - 11.30am	Maggie Greco	Pre-School 2	2.00 - 2.30pm	Liz Goodall
Adult & Child (SP)	10.00 - 10.30am	Gaynor Brown	Adult & Child (TP)	11.30 - 12.00pm	Maggie Greco	Pre-School 1	2.00 - 2.30pm	Jo Sands
Pre-School 1	10.00 - 10.30am	Angela Medley	Pre-School 1 (with adult)	11.30 - 12.00pm	Gaynor Brown	Pre-School 1	2.30 - 3.00pm	Liz Goodall
Pre-School 2	10.00 - 10.30am	Maggie Greco	Adult & Baby 9-15 mths (TP)	12.00 - 12.30pm	Gaynor Brown	Adult & Child	2.30 - 3.00pm	Rachael Barry
Adult & Toddler (SP)	10.30 - 11.00am	Gaynor Brown	Pre-School 2	1.00 - 1.30pm	Jo Sands	Adult & Baby 9-15 mths (SP)	3.15 - 3.45pm	Sharon Mayall
Pre-School 1	10.30 - 11.00am	Maggie Greco	Adult & Toddler (SP)	1.30 - 2.00pm	Rachael Barry			

Tuesday 5 January–22 March (11 Weeks) No lessons 16 February (Half Term)

Pre-School 2	10.30 - 11.00am	TBA	Pre School 1	12.30 - 1.00pm	Sarah Miles	Pre-School 1	1.30 - 2.00pm	Sarah Miles
Pre-School 1	11.00 - 11.30am	TBA	Pre School 1	12.30 - 1.00pm	Maggie Greco	Pre-School 2	2.00 - 2.30pm	Sarah Miles
Adult & Toddler (SP)	11.00 - 11.30am	Rachel Barry	Pre-School 3	1.00 - 1.30pm	Maggie Greco			
Pre-School 1 with adult	11.30 - 12.00pm	TBA	Pre-School 1	1.00 - 1.30pm	Sarah Miles			
Adult & Baby 9-15mths (SP)	12.00 - 12.30pm	Maggie Greco	Pre-School 2	1.30 - 2.00pm	Maggie Greco			

Wednesday 6 January–23 March (11 Weeks) No lessons 17 February (Half Term)

Pre-School 1	10.30 - 11.00am	Rachel Matthews	Pre-School 1	1.30 - 2.00pm	Susan Skinner
Adult & Toddler (TP)	11.00 - 11.30am	Maggie Greco	Pre-School 2	1.30 - 2.00pm	Liz Goodall
Pre-School 2	11.00 - 11.30am	Rachel Matthews	Pre-School 1 (with adult)	2.00 - 2.30pm	Liz Goodall
Pre-School 3	11.30 - 12.00pm	Rachel Matthews	Pre-School 2	2.00 - 2.30pm	Susan Skinner
Adult & Child (SP)	1.00 - 1.30pm	Susan Skinner	Adult & Toddler (SP)	2.30 - 3.00pm	Susan Skinner
Pre-School 1	1.00 - 1.30pm	Liz Goodall	Pre-School 1	2.30 - 3.00pm	Liz Goodall

Thursday 7 January–24 March (11 Weeks) No lessons 18 February (Half Term)

Adult & Baby 3-9 mths (TP)	10.30 - 11.00am	Annette Roycroft	Pre-School 3	1.00 - 1.30pm	Sharon Mayall
Pre-School 1	10.30 - 11.00am	Jo Sands	Pre-School 1	1.30 - 2.00pm	Sharon Mayall
Pre-School 2	11.00 - 11.30am	Jo Sands	Pre-School 1	1.30 - 2.00pm	Gaynor Brown
Adult & Toddler (TP)	11.00 - 11.30am	Annette Roycroft	Adult & Child (SP)	2.00 - 2.30pm	Gaynor Brown
Pre-School 1	12.30 - 1.00pm	Gaynor Brown	Pre-School 2	2.00 - 2.30pm	Sharon Mayall
Pre-School 2	1.00 - 1.30pm	Gaynor Brown	Adult & Baby 9-15 mths (SP)	2.30 - 3.00pm	Sharon Mayall



Friday 8 January–18 March (10 Weeks) No lessons 19 February (Half Term)

Pre-School 1	9.30 - 10.00am	Angela Medley	Pre-School 1	10.30 - 11.00am	Angela Medley	Pre-School 1	1.00 - 1.30pm	Sally St. Clair
Pre-School 1	9.30 - 10.00am	Gaynor Brown	Pre-School 1	11.00 - 11.30am	Angela Medley	Pre-School 1 (with adult)	1.00 - 1.30pm	Angela Medley
Adult & Child (SP)	10.00 - 10.30am	Gaynor Brown	Pre-School 2	11.00 - 11.30am	Cathy Naylor	Pre-School 1	1.30 - 2.00pm	Angela Medley
Pre-School 1 (with adult)	10.00 - 10.30am	Cathy Naylor	Adult & Child (SP)	11.00 - 11.30am	Gaynor Brown	Pre-School 1	2.15 - 2.45pm	Sally St. Clair
Pre-School 2	10.00 - 10.30am	Angela Medley	Pre-School 3	11.30 - 12.00pm	Cathy Naylor	Pre-School 2	3.45 - 4.15pm	Ann McGrath
Adult & Toddler (SP)	10.30 - 11.00am	Gaynor Brown	Pre-School 2	11.30 - 12.00pm	Gaynor Brown			

Saturday 9 January–19 March (10 Weeks) No lessons 20 February (Half Term)

Pre-School 1	8.00 - 8.30am	Cesar Mateus	Adult & Toddler (SP)	10.30 - 11.00am	Liz Goodall
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Sunday 10 January–20 March (10 Weeks) No lessons 21 February (Half Term)

Pre-School 2	8.00 - 8.30am	Emma Dobson	Pre-School 2	8.30 - 9.00am	Emma Dobson	Adult & Toddler (SP)	10.00 - 10.30am	Anissa Smith
Pre-School 1	8.30 - 9.00am	Lisa Sullivan	Pre-School 1	9.00 - 9.30am	Lisa Sullivan	Adult & Child (SP)	10.30 - 11.00am	Anissa Smith



Bournemouth Swimming Academy also offer swimming lessons at Pelhams Park Leisure Centre and Stokewood Leisure Centre